

SCHOOL SWIMMING – PUPIL INFORMATION FORM

THIS IS A CONFIDENTIAL FORM

WHICH IS THE RESPONSIBILITY OF THE SCHOOL

Confidential information not to be shared.

NAME OF PUPIL	
---------------	--

As part of your child's education, he/she will be attending swimming lessons this year. It is important that the swimming teacher/instructor is aware of the following details below.

	Yes	No
Does your child suffer from any medical condition which may affect their safety whilst swimming, e.g. <ul style="list-style-type: none"> ▪ Asthma (please bring inhaler to every swimming session), ▪ Epilepsy ▪ Sensory impairment e.g., deaf ▪ Grommets (wearing a swimming cap & ear plugs is recommended) ▪ Diabetes, ▪ Other If 'Yes', please give details:		
Does your child take medication on a regular basis? If 'Yes', please give details:		

Swimming Ability: Please ✓

Non-swimmer	5m	10m	25m	50m+	Any other awards (please specify):

Chemicals in the water in swimming pools affect my child's eyes. I give my Permission for my child to wear goggles during swimming lessons and will ensure that they know how to use them safely. ☐

I am aware that my child will not be allowed to wear goggles for specific water or diving activities for safety reasons ☐

I am aware that all jewellery is to be removed prior to swimming activities. If a pupil does have earrings in that cannot be removed, they must wear a swimming cap which can be pulled over their ears. ☐

Signature of Parent/Guardian

Date

Please note - your child can only be excluded from school swimming on medical grounds as this is compulsory and part of the National Curriculum. Please return this form to school thank you.

example accompanying letter.

Dear Parent/Guardian

Your child will be attending school swimming lessons in the term / s.

They will be attending on (day)forweeks.

We would appreciate it you could complete the enclosed 'Swimming – Pupil Information Form' and return it to school by (date)

Please be aware of the following rules:

Swimwear must safe, comfortable, and appropriate.

Bikinis, and long baggy shorts are not recommended for school swimming.

For specific medical, cultural, or religious reasons, pupils are permitted to wear clothing other than usual swimwear, it is recommended that leotard and tights or a full body suit be worn. In addition, pupils should be restricted to shallow water until they have shown that they are able to swim competently and safely.

Goggles should only be permitted when chemicals in the water may affect eyes. Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Masks/ googles that cover the nose or whole face may not be worn for school swimming. Pupils who wish to wear goggles must have a permission slip signed by their parent/guardian/carer (included on the Information Form) and be able to use without adult assistance.

Hair must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats. For facilities that share the pool with members of the public, it is very strongly recommended that children wear swimming hats, to ensure that pupils are easily identified.

Jewellery/watches must be removed prior to the swimming lesson (plasters covering newly pierced parts of the body will not be allowed due to plasters in the water becoming a choking hazard). It is strongly advisable that any pupils that wish to have body piercing do so at the beginning of the school summer holidays. *Please ensure that you quote what is in your School Policy. If a pupil is wearing earrings which cannot be taken out, they must then wear a swimming cap pulled over their ears to cover the earrings.*

Safety medic-alert bracelets or necklaces should be removed and given to the Adult in Charge for safe keeping during the swimming lesson and returned to the pupil immediately the pupil exits from the water. If the bracelet is unable to be removed, it may be taped over securely with waterproof tape / sweat band.

(The school can add/amend any other aspects in line with their policy/risk assessment.

